



COSTA GIRONA CUP EASTER 2024 BY GIRONA FC



REGULATION

1- RULES

The regulation of the Costa Girona Cup will be based on the rules of FIFA and the additional rules of the RFEF, with the exception of the particular modifications imposed by our grassroots football tournament.

2- TOURNAMENT SYSTEM

There will be a group stage between the participating teams, which will play against each other. The classification in the group phase will decide which teams will go through to the final phase.

A minimum of 4 matches is guaranteed.

3- SCORE

- Match won: 3 points.
- Match draws: 1 point.
- Match lost: 0 points.

In case there are drawn teams at the end of the group stage, the classification will be determined by the following criteria:

- Goal - overall average.
- Team with more goals scored.
- Goal - particular average.
- Fair play.

The final phase will be played as a single match and in case of a draw, a penalty shoot-out will be held.

- Football 7-a-side: Round of 3 penalties.
- Football 11-a side: Round of 5 penalties.



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4- MATCH DURATION

GROUP STAGE

- Football 7-a-side: 1 half of 25 minutes.
- Football 11: 1 half of 40 minutes.

QUALIFICATION STAGE

- Football 7-a-side: 1 half of 25 minutes II Semi-final / Final 2 parts of 20 minutes.
- Football 11: 2 halves of 25 minutes II Semi-final / Final 2 parts of 25 minutes.

CONSOLATION STAGE

- Football 7-a-side: 1 part of 25 minutes.
- Football 11: 1 part of 40 minutes.

The breaks will take place on the same pitch and will be 4 minutes long.

The timetables will be strictly applied.

Teams must be ready 10 minutes before each match.

In case of non-appearance the score will be 3-0.

If a team is excluded from the competition, the matches they have played will be invalid.

5- SUBSTITUTIONS

The same team can stop play 3 times per match and make as many substitutions as possible during each stoppage.

Changes made during half-time are not counted.

A team may use the breaks in play of the opposing team to substitute as many of the team's players as possible.



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6- CATEGORÍAS

FOOTBALL 7

U7 & U8

Born in 2017 - 2016

U9

Born in 2015

U10

Born in 2014

U11

Born in 2013

U12

Born in 2012

FOOTBALL 11

U13 & U14

Born in 2011 - 2010

U15 & U16

Born in 2009 - 2008

U17 – U18 – U19

Born in 2007 - 2006 - 2005

7- TROPHIES

The Pichichi Trophy will be awarded individually to the top scorer in each category. The goals which will count towards the score are: Goals from the group stage and the qualification stage (those from the consolation stage will not count in the ranking).

8- DOCUMENTATION

All teams must have submitted the supporting documentation - full name, date of birth, ID number - of their players fifteen days before their arrival at the tournament in order to verify the players list and activate the private or federative medical insurance which will cover the tournament.

9- REFEREE

All matches will be officiated by referees of the **Catalan Football Federation**. The referee will be the maximum authority on the pitch and will be empowered to suspend, if he/she appreciates repeated misbehaviour in any of the participating teams, with the competition committee determining what sanction to apply.



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10- PENALTIES

If a player is sent off with a red card or double yellow card for violent and/or unsportsmanlike conduct towards any member of the tournament, he/she will be suspended for one or more matches with possible expulsion from the tournament. This will be decided by the competition committee.

Three yellow cards during the tournament will result in a one match ban.

If a team or player demonstrates a violent attitude during the competition they may be automatically expelled from the tournament.

11- COMMITTEE COMPETITION

It will be made up of 3 players or ex-players, a representative of the tournament organisers and a lawyer specialised in sports law.

They will analyse all the incidents of the day and their decisions will be final.

12- BALLS AND EQUIPMENT

The organization will provide the balls to play the matches.

The organization will NOT provide balls for the warm-up.

In case of coincidence in the colour of the kit, the team that appears as visitor in the schedule will have to change its kit.

13- BEHAVIOUR

Each club will be responsible for the behaviour of its players, supporters and family members, both on and off the pitch. Bad behaviour may lead to expulsion from the tournament.

Bad behaviour in the hotels where the teams will be staying may lead to the hotels terminating the accommodation and meal services without the tournament organizers being able to take part.



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14- INSURANCE

All delegates must check that their players are privately or federally insured on and off the pitch.

The sports facilities are provided with emergency first aid services.
The tournament organization cannot be held responsible for theft or accidents.

Participation in the tournament guarantees a private or federative medical insurance for its players during the competition according to its established system, as long as they are registered correctly and before the established period (* 8. DOCUMENTATION).

*In case of need, the organization can make the necessary modifications for a better tournament operation..